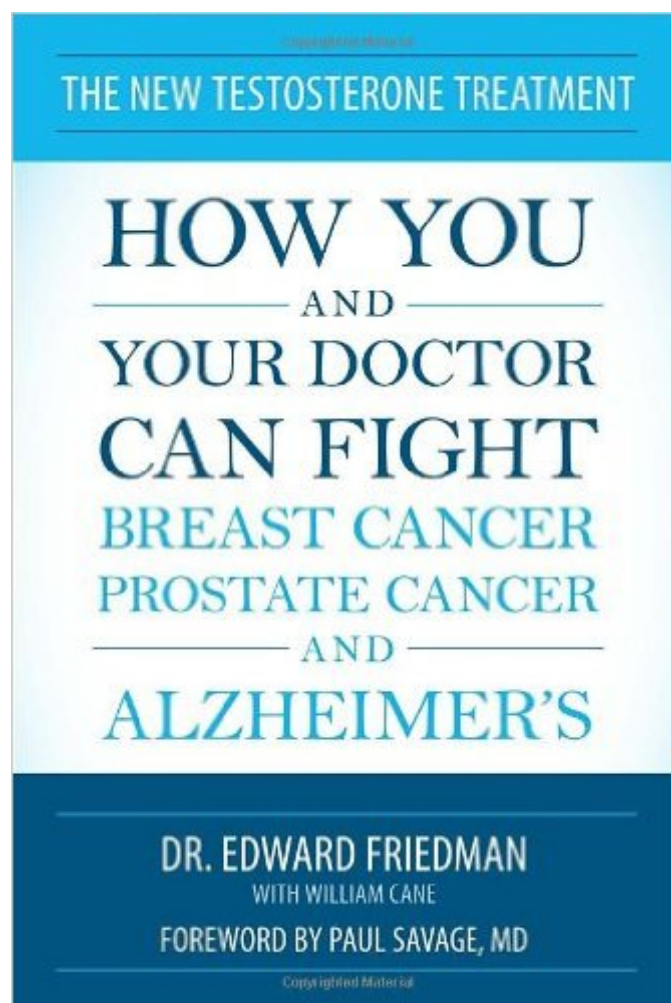


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# The New Testosterone Treatment: How You And Your Doctor Can Fight Breast Cancer, Prostate Cancer, And Alzheimer's



## Synopsis

Written by the leading authority on hormone receptors and prostate cancer, this book reveals the surprising truth about how you can prevent and treat breast cancer, prostate cancer, and Alzheimer's with testosterone and other FDA-approved drugs. For decades, doctors have sought to combat prostate cancer under the mistaken assumption that testosterone fueled its growth. But the latest research into the nature of hormone receptors and therapies using bioidentical instead of synthetic hormones have caused a shift in thinking and new hope for treating this cancer with testosterone. Today the medical profession equates a diagnosis of Alzheimer's with a death sentence. In fact, the only thing doctors do is throw ineffective drugs at it and resign themselves to failure. For the first time, this book explains how testosterone can halt the disease and cure early-stage Alzheimer's. Similar breakthroughs for fighting breast cancer follow close on the heels of these revelations, outlining how the avoidance of synthetic progestins and the use of aromatase inhibitors are crucial tools in prevention and treatment. At the core of this book is the remarkable observation that we experience our highest hormone levels during our teen years--a time of life when there is no breast cancer, prostate cancer, or Alzheimer's. Could bringing hormones back to teen levels be the key to vibrant good health? The answer is a resounding yes. This thoroughly researched guide to the latest biomedical research is must-reading for medical professionals and anyone concerned about their health.

## Book Information

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## Customer Reviews

Article Written by Carol Petersen, RPh, CNP at Women's International Pharmacy

There is no shortage of information and opinions concerning hormone treatments or the "best" way to test for hormone deficiencies, not to mention how to use hormones or confirm if a hormone intervention is working. However, upon reading Dr. Edward Friedman's new book, *The New Testosterone Treatment: How You and Your Doctor Can Fight Breast Cancer, Prostate Cancer, and Alzheimer's*, it occurred to me that hormone receptors are really THE thing we should examine. Regardless of the testing method, the specific hormone, or its intended result, all hormone action occurs at the receptor sites.

**What are Receptors?** Receptors are protein structures designed to snag passing hormones. Receptors for hormones that poke through the cell membrane are called membrane receptors. Other receptors are inside the cell (intracellular receptors) in the cytosol, and more receptors are in the cell nucleus. The number of receptors is not stagnant, and varies according to nutrients and the environment. Once a receptor captures a hormone, that cell receives instructions for an action, such as cell replication, manufacturing other proteins, moderating cell activity, and programming abnormal cell death. A single hormone can produce action within minutes of binding. Receptors manipulate the cell's action by upregulating or down-regulating the production of proteins.

**Hormones Have Affinities** Conventional practitioners insist that as long as a hormone receptor receives a hormone—whether it is identical to the human hormone or not—all hormones and hormone-like substances should be considered equal.

**Bioidentical Hormones and Alzheimer's** (Carol Petersen - Women's International Pharmacy)

Just like Wonderbread helps build strong bodies 12 ways • Dr. Edward. Friedman, in his book *The New Testosterone Treatment: How You and Your Doctor Can Fight Breast Cancer, Prostate Cancer, and Alzheimer's* writes how bioidentical hormones help prevent Alzheimer's disease in 9 different and documented ways. Two abnormalities commonly associated with Alzheimer's are beta amyloid plaques between neurons in the brain and neurofibrillary tangles within the neurons. The tangles are composed of hyperphosphorylated tau protein which eventually kills the neuron. Impaired glucose metabolism in the brain and poor blood circulation to the brain are also associated with Alzheimer's. Alzheimer's disease destroys brain function and is ultimately fatal.

1. Apolipoprotein Eε4 is a genetic mutation which hinders beta amyloid excretion from the brain. Vitamin D3 increases the excretion of beta amyloid from the brain.
2. Beta amyloid secretion is impaired by both testosterone and estradiol. Cycling with progesterone also enhances this impairment ability of estradiol.
3. Beta amyloid is a peptide created from 40 or 42 amino acids. An increased ratio of the 42 amino acid structure over the 40 is associated with Alzheimer's.

This ratio is decreased by testosterone.<sup>4</sup> Alpha secretase is an enzyme that prevents production of beta amyloid. Both estradiol and testosterone increase alpha secretase activity.<sup>5</sup> Beta secretase is an enzyme that increases the production of beta amyloid. Estradiol and testosterone decrease beta secretase.<sup>6</sup> The enzyme neprilysin degrades beta amyloid. Testosterone and estradiol increase neprilysin activity.<sup>7</sup>.

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